

Sitting Volleyball and Multi Sport Session

When: Last Saturday of every month. 10am—12 noon
Where: Great Cornard Sports Centre
Cost: £2 per session



Sports that may be on offer include: Football, Goalball, Boccia, Basketball, Kwik Cricket, Hockey, Kurling and Athletics



Suffolk Disability
Sport Academy

BeActive supports leisure activities for people with disabilities. For further info please contact Louise Pennell on 01473 825834 or email louise.pennell@babergh.gov.uk